

P.E. Syllabus

Bumpus Middle School

2019-2020

GOALS AND OBJECTIVES

- Physical Education will emphasize the importance of physical fitness, individual, and team sports.
- Activities will include court and field sports, as well as lifetime sports and activities.
- An emphasis will be placed on participation, rules and regulations, personal responsibility, and sportsmanship.

DRESSING OUT

- All students are required to wear an ORANGE SHIRT and BLACK SHORTS.
- It is encouraged that students wear the PE uniform that is available for purchase from the PE department which has a place to write the student's name on it. (This is helpful for easy identification of lost or missing items)
- Students who bring their own shirt and shorts must bring it to their PE teacher to have it labeled with their name on it clearly.
- Appropriate athletic shoes are required daily in order to be completely dressed out and participate in class.
- Students may purchase a new uniform at any time to replace any lost or damaged items.
- Not having the correct shirt, shorts, and shoes will result in a loss of points for that day.

GRADING

60% - Dress Out/Participation

30% - Skill Assessment

10% - Cognitive/Written Assignment

- **NOT DRESSING OUT** will result in a **loss of 5 points** for the day and the student will not be allowed to participate.
- Points (2 to 5) may also be deducted if a student is:

Not participating

Violating safety procedures

Being disruptive

Uncooperative

Off task

- Parents and students can monitor their grade by checking INow or communicating with their individual PE teacher.

PARTICIPATION/EXCUSES

- If a student is unable to participate due any medical reasons, he/she must bring a dated and signed note from their parent or doctor to their PE teacher in order to be excused from that day's activities.
- If a student is to be excused from participation for more than 3 consecutive days, a doctor's note is required and it must be dated as to when the student can resume full activities.

RULES AND EXPECTATIONS

- Be prepared to participate in class.
- Be respectful to teachers and fellow classmates.
- No horseplay at any time during class or in the locker rooms.
- No gum, candy, mints, food, or drink are allowed in the gyms or locker room at any time.
- No body lotion, perfume, or spray deodorant are allowed in the locker rooms.
- Students are responsible for their personal items – lockers should be closed and locked at all times.
- All students are expected to respect and follow the Bumpus school rules and policies.

Communication between students, parents, and teachers is important for our success, so please **email** using google classroom if you have any questions or concerns and we will do our best to respond to you within a 24 hour period. Thank you for your support and we look forward to a great year!

PE Teachers

Mike Argo
Kelli Eubanks
Greg Heard
Rene Holden
Cedric Jeffries
Mandy Love